

# Camp Io-Dis-E-Ca

## Summer 2010 Day Camp

### Transportation

Parents will be notified if a delay of more than 20 minutes occurs in picking up or dropping off campers.

<u>Iowa City</u>		<u>Location</u>
7:15-7:30AM	Drop Off	North Market Square Park
5:15-5:30PM	Pick Up	Just South of Horace Mann Elem. Corner of Johnson and Fairchild St.

<u>Cedar Rapids</u>		
7:30-7:45AM	Drop Off	Trinity Lutheran School
5:15-5:30PM	Pick Up	1361 7 <sup>th</sup> Ave. SW

### Vehicle Safety Rules:

- 1) Remain seated while vehicle is moving.
- 2) Wear seat belts at all times.
- 3) Actions and noise level should not distract driver.

### What to Return

Please return the following forms included in this mailing at least **two weeks before** the camper's first day of camp.

- Camp Health Form
- Release and Waiver of Liability
- Camper Profile

### What to Bring

- Towel
- Swimsuit, **NO BIKINIS!**
- Bible
- Sunscreen
- Insect repellent
- Tennis shoes
- Shoes with a discernable heel for horseback riding
- Jeans for horseback riding

### Do Not Bring

- Food and drink
- Music players
- Cellular phones
- Electronic games
- Digital cameras
- Items of real, intrinsic, or sentimental value.
  - Jewelry
- Items that could cause injury:
  - Knives, sharp objects, fireworks.
- Alcohol, tobacco, and other controlled substances

### First Day

#### Medications

- ♦ All medications must be **CORRECTLY LABELED** and in **ORIGINAL CONTAINERS**.
- ♦ All medications must be turned in to the Camp Nurse during registration.
- ♦ For safety reasons, we will keep and administer all medications including over-the-counter meds such as Tylenol, Advil, etc.
- ♦ Medications that must be readily accessible (inhalers, bee-sting kits, etc.) are kept by the supervising counselor.

### Registration

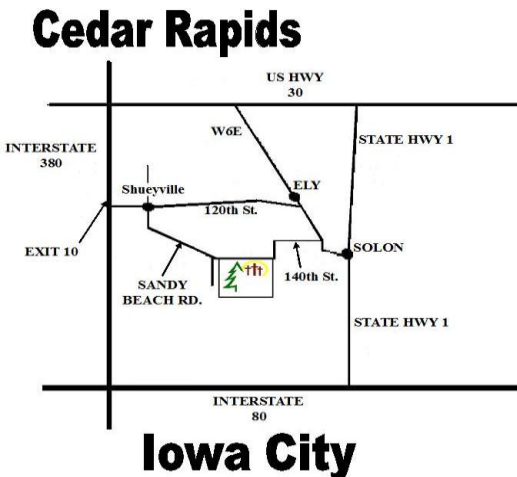
As you enter the camp, continue straight until you reach the parking lot and the lodges. Registration is in Alpha Lodge Fireside Room. Any remaining balance is due at the time of your check-in. The camper's canteen money will be deposited at this time. We accept Visa, Mastercard, and Discover credit and debit cards. Campers with transportation provided by camp should have an envelope containing the remaining balance, canteen money, and any necessary forms.

The Camp Nurse and assisting staff will conduct a brief health screening. At this time all medications must be turned in and any health concerns may be discussed with the Camp Nurse. Campers with transportation provided by camp can address camper's medical concerns with the staff picking up the camper.

After completing registration, the camper may meet his or her counselor and cabin group! The name of the individual who will pick up the camper must be provided to the camper's counselor. We will not release your camper to an unauthorized individual. At the morning drop off, campers with transportation provided by camp shall inform camp staff who to release the camper to at the afternoon camper pick up.

### Canteen

Campers are limited to the amount of food and drink items purchased per visit. T-shirts, hats, stamps, staff pictures, water bottles, and other souvenir items are also available. A debit account will be set up for each camper at registration. Please bring money to deposit during registration. The suggested amount is \$15, however, please provide money for extra camp T-shirt (avg. \$15), if desired. Be sure to talk with your camper about how to use this privilege. At the end of the week, campers will receive a refund of their remaining canteen funds. Returning day-campers may carry balances over to the following week.



### Where We Are

I-380 to Exit 10. Go East 1 Mile to 4-way stop sign. Turn right on to Curtis Bridge Road. Go 1 Mile to stop sign. Turn left on to Sandy Beach Road NE and follow signs 2 miles.

Camp Io-Dis-E-Ca is centrally located between Cedar Rapids and Iowa City, IA and is adjacent to Coralville Lake. Nestled on 100 acres of isolated rolling hills and woods, it provides a unique and beautiful setting.